

# GIRLS' VIRTUAL 2 DAY SELF LOVE RETREAT 2021

(Ages 14 - 29)

FREE Self Care Goodie Bag & Journal!



**TUE. MARCH 30th & WED. MARCH 31st**  
**4:00 to 6:00 PM**

- Self Love - Self Expression - Self Discovery - Purpose -

Harriet Tinka of Empowered ME will help guide you to increase self-confidence, gain effective communication, improve self-awareness and understand the importance of healthy relationships. Harriet is a transformational speaker, life coach, youth supporter and entrepreneur.



For more information call: 226-773-5054  
or email: [sorina@westofwindsor.com](mailto:sorina@westofwindsor.com)

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