



Harriet Tinka

BBA, CPA, CMA, CCP, DTM

PROFESSIONAL
SPEAKER

BESTSELLING AUTHOR

CHARTERED
PROFESSIONAL ACCOUNTANT

EMPOWERMENT COACH

“Empowerment is showing yourself that you have what it takes to be unstoppable.”
-Harriet Tinka.



Harriet is one of the most requested transformational speakers. Her journey flows from being in a domestic violence relationship to being kidnapped, stabbed, and left for dead to becoming a successful entrepreneur. Her students know Harriet as a “Powerhouse Role Model who makes being genuine the most powerful thing of all.” Harriet empowers individuals to be more courageous, connected, engaged, and resilient. The breakthroughs with audiences have been sustainable. After extensive behavioral and social science research, including her past experiences of obstacles and successes, Harriet developed a Signature Program™ called “**The Power of Twelve.**” It transforms peoples’ lives and liberates them personally and professionally. The program reveals how to speak, act, and show up for yourself and others. Harriet is called upon often to provide commentary on hot topics in the media. She describes her life as coming from tragic to magic.

Goal: Helping individuals of all ages find their purpose.

IGNITING CONFIDENCE

This keynote by Harriet will inspire you to reach personal and professional goals. She has been through the ups and downs of life and suffered low self-esteem. She is happy to share her secret to igniting confidence and motivation.

Her topics also include changing the world through children’s eyes: steps to talking to your children so they can listen, emotional safety in teens and overcoming negative self-talk.

RESILIENCY GURU

Harriet motivates abused women with her theme of “You are not your wounds.” A Kintsugi Japanese concept of putting broken pottery pieces back together with gold - embracing flaws and imperfections to create strength.

Audiences will expand their grit and mental toughness and still find humour and joy along the way.

AUTHENTIC LEADERSHIP

Harriet presents keynotes that apply to all industries and areas, from leadership issues to innovation in the workplace, from toxic environments to transparency and full disclosure.

Your audience will leave ready to move to the next level and understand the steps required to be a successful leader in both work and personal life.

BESTSELLING AUTHOR

Harriet is an award-winning best-selling author of four books. Her latest book, The Self-Esteem Passport, continues to be the critical passport for her audience. It provides tools with a clear and practical blueprint for personal success.



TESTIMONIALS

“I love what Harriet is doing. The book is great, and the work she’s doing is important. I highly recommend her”

– **Jack Canfield,**

author of the #1 New York Times Bestseller Chicken Soup of the Soul

“Your impact on our students was essential. Looking forward to you coming back in the next school year”

– **M. Levasseur,**

Inclusive Education Specialist
North Tallcree High School

HONOURS AND AWARDS

She has been honoured with prestigious awards for her extensive philanthropy work in the community.

- YWCA Women of Distinction
- Global Woman of Vision
- Rotary Integrity Award
- Diversity Community Woman of the Year
- Robinson Koilpillai Multicultural Award
- National Academy of Best-Selling Authors -The Quilly® Award

LET'S CONNECT

harriet@empoweredme.ca | 780-265-6884



MEDIA EXPERIENCE: AVAILABILITY IN CANADA & THE USA